

1/15/12 RBBP Livestream with Jennifer Lee and Ane Axford

Welcome to the 'rightbrainbusinessplan' room.

Kalema EDM: Hi Jennifer

Diannekk: Dianne - Ohio

Diannekk: yes

Kalema EDM changed their nickname to Kalema LDN.

zenidesins: Toni - France

Aneaxford: Hello!

Kalema LDN: Hi Kalema - London

Kelly: Hi Jenn! From Kelly in Orlando

stelladanza: Yes

Kalema LDN: yes

stelladanza: yes

zenidesins: Yes

Diannekk: yes

DebraMarrs: Hi Jenn. yes, I could hear Ane

TClaire: Hi everyone!

TClaire: Toni - where are you in France?

TClaire: I'm listening in from sunny Tucson

zenidesins: TClaire- I am in Antibes -Juan Les Pins

stelladanza: Cheryl saying hello from San Diego, California.

DebraMarrs: Thx for sharing the cal and the sticky notes legend. VERY helpful

TClaire: Toni, my hubby and I are moving to the Langedoc in less than 3 months!!

stelladanza: Do you use super-sticky post-it notes or regular ones?

TClaire: Jenn, I love the super-sticky ones! Just started using them...

DebraMarrs: LOVE receiving the tips; creates a good jumping off place to implement

zenidesins: TClaire- We will have to stay in touch. Sunny here but a little cool. But I am orig. from Boston so it is warm to me. :)

TClaire: My local Staples no longer even carries the NON-super sticky ones

zenidesins: I love the sticky note idea - Things change and therefore it makes it easy for me to move things around.

DebraMarrs: I will do that for you Jenn

TClaire: Jenn, hw do you...

TClaire: break it down into smaller day-by day, week-by week chunks

TClaire: great. thnx! are u on Mac or PC?

TClaire: if MAC, you like google calndar better than iCal?

TClaire: thanks!!!

DebraMarrs: yes, i see ane but not you, jenn

DebraMarrs: yes both there now

DebraMarrs: Yes, but lower volume than you, Jenn. so maybe Ane can speak up a bit closer to mic

DebraMarrs: still a bit inaudible

DebraMarrs: MUCH better

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Kalema LDN: yes
DebraMarrs: Jenn, we hear your speaker as echo
TClaire: no... still the echo...
DebraMarrs: We still have the echo
TClaire: perfect!!!
DebraMarrs: Echo gone
TClaire: good now!
zenidesins: echo is gone
Jennifer Lee: is that better?
Kalema LDN: yes
Jennifer Lee: okay good! thx
Jennifer Lee: I'm an HSP. Any others here?
stelladanza: I'm probably an HSP.
DebraMarrs: Yes, I'm HSP :) A light seeker for certain
TClaire: good jenn
DebraMarrs: Yes, can hear you gr8, Jenn
TClaire: I'm def an HSP
annepreston: Yes - very much so - and work with others
Kelly: Definitely a light seeker!
Jennifer Lee: Cool that so many HSPs are here!
mattbell: For everyone else in the livestream, I saw Ane last night and I highly recommend her
TClaire: Jenn, maybe interviewees need to also have a headset likek you...?
Jennifer Lee: Cool, Matt!
Jennifer Lee: TClaire - she's got the apple ear buds
TClaire: o, now i see
Jennifer Lee: <http://www.beyondthriving.com>
mattbell: hi ane :-)
TClaire: sound quality exllent now
Jennifer Lee: tip: understand wht inspired you to start ur biz and continu to use it as yur guide.
TClaire: this is BRILLIANT!
Jennifer Lee: Totally brilliant
DebraMarrs: LOVE, LOVE, LOVE <3 your 8 components model, Ane
DebraMarrs: Makes a nice addition to the Unfolding Your Vision kit
stelladanza: I completely operate from the numinous down the the physical--and inverted Laslow's
jhierarchy.
Kelly: Feeling like I'm with my peeps ;>) This makes so much sense
annepreston: Yes - I operate from spirit to behaviour also
DebraMarrs: Like that the 8 components parallel Maslow's hierarchy, and acknowledgement that I as
HSP work down not up the ladder
DebraMarrs: Makes 1000% sense!!
zenidesins: Following my instincts were right - I do not belong in a box.....a cube.
Jennifer Lee: Yay for out of the box!
Jennifer Lee: <http://unfoldingyourlifevision.com> - to see the kit to make what Ane's showing
Jennifer Lee: We get the idea, Ane! ;)

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mattbell: jen have you got any tips for guys doing this in a way that retains some masculinity? :-)
Jennifer Lee: Matt - got it. will get to in a sec
stelladanza: Ane, would you please repeat the 8 statements in your Laslow list: I sense, I am, etc.?
Jennifer Lee: Stelladanza - i think it's listed on beyondthriving.com
stelladanza: Thanks, Jenn. :)
mattbell: thanks for the ideas, its just if my room had a calendar with sticky notes on it i might be looked at funny...digital? thats a good idea!
mattbell: ok yeah i might shape mine as cars or something...
Jennifer Lee: <http://www.boxofcrayons.biz/>
mattbell: cool thanks
Aneaxford:
<http://www.facebook.com/photo.php?fbid=10150537298744411&set=a.10150125577404411.293139.346500064410&type=1&theater>
DebraMarrs: Upcoming Video Summit - may be speakers who mention and hv ideas for more masculine creativity?
stelladanza: The link to facebook worked for me. Thanks!
nnepreston: Ane, where does self-care fit into your model? Can you say a little about that?
Aneaxford: I sense > I Am > I Desire > I Know > I Can > I Do > I Trust > I Have
Jennifer Lee: rightbrainersinbusiness.com – upcoming video summit
DebraMarrs: Good to hear more abt the upcoming video summit. And since the left brain is often associated w/masculine, then it may be a natural element of discussion :)
DebraMarrs: Thanks so much, Ane!!!! Loved your input
Kelly: Thank you both!!
stelladanza: Thank you, Ane and Jenn!
zenidesins: Thank you Ane and Jenn.
DebraMarrs: Excellent session today, Thank you, thank you both
Diannekk: Very helpful. Thanks
Aneaxford: You are welcome! Thank you for being here :)
annepreston: Thank you Jen, Ane - and all.
Jennifer Lee: <http://www.rightbrainbusinessplan.com/workshop-simulcast>
stelladanza: Inspiring information!
Jennifer Lee: Thanks!
Kalema EDM: very thought provoking
Jennifer Lee: Cool! It was fun.
Jennifer Lee: See you guys next time! Bye!